**Reflection essay:**

This page must contain a short text (500-700 words) describing the challenges experienced by the (one, several or all) members of the group when transitioning from upper-secondary school (or work-life) to university. Reflect on any of the following topics: a) learning to code, or b) being a student rather than a pupil, or c) managing the workload

Before attending our course Information Technology at OsloMet, our understanding of IT was minuscule. We attended IT in high school as an elective course, but that was nothing compared to what we were about to learn here at OsloMet. In the beginning it all seemed easy, with basic structure and stuff we already had heard before, but it escalated quickly. We soon realized that we were in deep waters and that if we didn’t keep up we would drown in heaps of tasks and assignments. It was time to taket his course a bit more seriously. Realizing that we werent pupils anymore we had to take responsibility for our own learning, something we weren’t used to. We were now put in a situation where each one of us had to manage our workload and essentially be our own boss. Deciding when it was time to work and when you were done for the day became a gray-area that often led to packing up early, but in the back of your mind knowing that you should have worked some more. Having this feeling of guilt lurking in your subconscious can be draining in the long run. Finding a balance has become an unforseen challenge but is also an important lession. Figuring things out on your own and emerging into adulthood are things we need to adapt to and overcome. We all share the struggle of managing workload but we also share the love for coding and programming. That is the sole purpose of us attending this course; to get better at coding and programming. This is the reason we feel guilty for not doing enough work, our hunger for success and improvement is what makes us put in the hours and struggle through homework on a weekly basis.

Some of us attended this course with no friends to come along, whilst others know each other from before. Getting to befriend new people is a challenge in of itself, and it doesn’t make it easier that the course is mostly digitalized. Compared to high school which consisted of at least some childhood friends to hang around with, university is a whole new beginning. New classmates, new teachers, a new home and a whole new lifestyle is quite challenging to adapt to all at once, and is a punch in the gut when it comes to your ego and self confidence.